

# SUMMER SCHOOL 2016



JANUARY 2016

5 DAYS

for ages 9 to 18

**danceban.**

BALLET-ACADEMY-NORTHSIDE

[www.dance-ban.com.au](http://www.dance-ban.com.au)

# FACULTY - SUMMER SCHOOL



## Dale Pope - Lyrical

Dale is a choreographer to Bindi Irwin, choreographing Bindi and the Crocmen DVDs and more recently Bindi and the Jungle Girls. Dale also choreographs for the Australian Girls' Choir (of Qantas Ad fame) and has toured internationally 5 times with her work being seen in New York, LA, Paris, London, Rome, Prague and at the Sydney Opera House too. Choreography for live, film and TV includes: Oprah Winfrey Ultimate Adventure Down Under, ABCs Dance Academy Series 2, Cadbury Bubbly, Smarties (8 Colours of Fun), Australian Dance Festival, along with advising on numerous print shoots. Dale is Founder and Director of REDed (Raw Energy Dance Education) delivering premier educational dance programs to primary and high schools across NSW and is currently producing the RED Dance DVD Series. The REDed program was released in the USA in Jan 2013.



## Catherine Goss - Ballet

The past twelve years have seen Cathy hold Artistic positions with a wide variety of Companies. As Rehearsal Director, she has worked with Bangarra Dance Theatre, TasDance, Sydney Dance Company and Tanja Liedtke's construct for the 2009 tour. She has held the position of Assistant to the Director of Australian Dance Theatre. Catherine was Associate Artistic Director of West Australian Ballet from 2005-2007. During this time she was also a member of WA Ausdance Organising Committee. Catherine was awarded the Centenary Federation Medal for Services to Dance in 2003. She was the recipient of an Australia Council grant for Skills and Development in 2008. Before returning to Australia in February 2009, she was interim Ballet Mistress for Introdans in The Netherlands. Cathy took up her position for Bangarra Dance Theatre in 2010. She has been guest teacher for a number of companies and tertiary training institutions over the past decade.



## Manuela Oliveira - JFH

Manuela has just returned from Los Angeles where she was the choreographer and Performance Advisor on NBCs „The Voice“ Seasons 1,2 & 3. She worked with each artist individually starting from the Auditions then Battle Rounds, staging and working on their performance presence. She also staged the opening performance for coaches; Ceelo Green, Christina Aguilera, Blake Shelton & Adam Levine. Other career highlights include choreographer for XFactor USA Season 1 working alongside Paula Abdul. Manuela was also a choreographer for “So You Think You Can Dance” Australia 1,2 & 3 and “So You Think You Can Dance” Malaysia Season 1,2 as Artistic Director / Choreographer and Guest Judge. Manuela has worked with Jennifer Lopez in her music video “On the Floor” and with Rihanna at the MTV Music Awards.



## Adam Blanch - Contemporary

Adam then joined The Queensland Ballet under the direction of Francois Klaus and was promoted to soloist in 2005. Adam was invited to join Sydney Dance Company in 2006. Whilst in the company he Collaborated with a variety of choreographers including Rafael Bonachela, Graeme Murphy, Meryl Tankard, Aszure Barton, Kenneth Kvarnstrom, Craig Bary and Emanuel Gat. In late 2010 Adam joined Garry Stewart's Australian Dance Theatre. Adam was involved in the motion picture capturing for Paramount Pictures WWZ and Collaborated on developments with such artists as Wayne McGregor and Akram Kahn. Adam was a choreographer for the opening ceremony for the Special Asia Pacific Games. Adam has been a guest teacher at The Rambert School of Contemporary Dance, The Place, London Contemporary Dance School and many companies and institutions throughout Australia and New Zealand.



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## Veronica George - Musical Theatre

Veronica is a professional Musical Theatre performer. Her versatility is shown through her many credits in Theatre and corporate work including performing alongside Lisa McCune at the Capitol Theatre in the production of "Guys and Dolls" as a principal dancer, performing in Graeme Murphy's 'Tivoli' with the Sydney Dance Company, "Grease- the Arena Spectacular" (Australia & NZ tour) as a dancer and Dance Captain and the musical "The Wizard of Oz". Veronica appeared in Baz Lurhmann's film "Moulin Rouge" as the Tattooed Can Can dancer". She has performed on P&O Cruise ship "Pacific Sky", in the show "Fever" with Rhonda Burchmore. She also had the pleasure of working alongside Hugh Jackman in "The Boy from Oz".



## Leslie Abraham - Ballet

Leslie has been fortunate to have trained and worked with The National Ballet of Canada, The Royal Winnipeg Ballet and The Royal Ballet. UK. With over twenty five years experience as a dance teacher/choreographer her attention is drawn to emerging artists and the vocational level students. In 2014 teaching both the spring and autumn workshops taking open ballet classes for The Royal Academy of Dance NSW region. Regularly she is coaching open class technique full time and part time students seeking extra technical assistance. Leslie is an outside assessor for Tertiary level contemporary dance students at The Wesley Institute, Sydney, also tutoring as an outside tutor choreographing and instructing all aspects of the NSW Board of Studies HSC Dance Curriculum. She has taught recently at Studio Tibor, Brent Street, Ecole Dance Studios and presently regularly assisting independent students with individual coaching.



## Melanie Louise - Jazz

Melanie has been teaching for well over 15 years and is currently in high demand and is well respected as one of Sydney's Leading and most experienced Dancers, Teachers and choreographers. She is currently employed as Johnny Ruffo's Choreographer and has just completed work on his new Single 'Untouchable' due out July 12th. Melanie's Performance/Choreographic credits include: Opening Urban Music Awards 2006/2007, the Big Day Out, Sweatfest/Ministry of sound, Battle of the Year, Sleazeball, Corporate entertainment for Hewlard Packard, Apple Ipod, Telstra and Adidas. Artists include Johnny Ruffo, Danielle DeLaitte, Senani, Amanda Perez, Israel, Random, Selwyn, Lordz of the Fly, Maya Jupiter, Foreign Heights, Sneeky Sound System and Joseph Gatehau of Australian Idol.



## Andrea Briody - Ballet

Andrea worked with London Ballet Theatre in the UK, Stadtheater Trier in Germany and the Saarländisches Staatstheater Saarbrücken. She joined Sydney Dance Company in 2000 dancing in works from Graeme Murphy, Stephen Petronio, Narelle Benjamin and others. In January 2010 Andrea started to teach at Sydney Dance Company for both the company and open classes. She has since taught at numerous dance schools in Sydney and Victoria including the Victorian College of the Arts, Alegria, All Starz Performing Arts, Bronte Ballet School & The National College of Dance. She has adjudicated both the City of Sydney Eisteddfod and the PACANZ classical award in New Zealand as well as the NSW Cecchetti Medal Awards and RAD Bursary. In 2011 and 2012 she worked with the dancers from the ABC's Dance Academy and has taught workshops for adults at Sydney Ballet Intensive.



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## Chloe Bayliss - Repertoire

Chloe worked on the ABC hit series "Dance Academy", performing the featured role of "Young Natasha". Chloe was invited to perform and study in USA, Connecticut, where Chloe performed principal and soloist roles in several productions like Nutcracker and Incontro choreographed by Xanthe Geeves and Gregor Thieler. Chloe returned to Australia and began working as a dancer on Series 2 of "Dance Academy". Shortly after, Chloe landed the lead role of NELL SAUNDERS in Ch 10's new series 'Reef Doctors' to be aired in 2013.

Chloe has finished a season with the Ensemble Theatre portraying 'Lauren' in CIRCLE MIRROR TRANSFORMATION. She received rave reviews and was awarded a GLUG Theatre Award Nomination for 'Best Supporting Actress.'

Chloe is proud to be a Red Cross Blood Service Ambassador and Patron of charity group HANKA. She is casted for the new movie "Backtrack" and works side by side with Hollywood actors like Adrian Brody and Sam Neil.



## Sonja Schulze - Physiotherapist

Sonja Schulze is a dance specialist Physiotherapist and owner of Perform Physiotherapy. The dancer's dream of effortless performance is a journey of understanding of your body and what makes it move. Sonja feels her role is helping you identify and overcome any roadblocks in your path. Her motto is Clarity of mind is clarity of movement!

Sonja has been involved in the education and treatment of dancers for over 20 years. She has consulted to numerous professional companies such as the Australian Ballet, the Royal Ballet and Sydney Dance Company. She has lectured internationally to the medical and dance communities on efficient movement, published in fitness, dance and medical journals and devised training programmes in the dance and fitness industries. Sonja worked closely with the gymnasts in the Sydney 2000 Olympics.



## Xanthe Geeves - Principal Director

At the beginning of 2013 Xanthe and her partner Gregor became owners and Principals of Ballet Academy Northside, Australia, teaching and choreographing for students and professional dancers in Sydney. They both are frequently working as guest teachers for "The Arts Unit" and Sydney North Dance Schools Committee at State Dance Festivals and workshops. This year they started a one of its kind Career Development program with workshops and master classes for Primary and High School teachers for the Northern Beaches region at their academy in collaboration with the SNDSC. They have been leading the audition process for the featured ballet dancer for this years Schools Spectacular and will create a brand new solo as highlight for this televised event. Xanthe will teach Ballet, Repertoire, Contemporary, Pilates and Pas de deux at the Summer School.



## Gregor Thieler - Principal Director

At the beginning of 2013 Gregor and his partner Xanthe became owners and Principals of Ballet Academy Northside, Australia, teaching and choreographing for students and professional dancers in Sydney. They both are frequently working as guest teachers for "The Arts Unit" and Sydney North Dance Schools Committee at State Dance Festivals and workshops. This year they started a one of its kind Career Development program with workshops and master classes for Primary and High School teachers for the Northern Beaches region at their academy in collaboration with the SNDSC. They have been leading the audition process for the featured ballet dancer for this years Schools Spectacular and will create a brand new solo as highlight for this televised event. Gregor will teach Ballet, Repertoire, Contemporary and Pas de deux at the Summer School.

**STUDIO 1 - GROUP 9-12 YEARS**

DAY	TIME	CLASS
TUE	9.00-10.15	OPEN BALLET
19th	10.15-10.30	BREAK
	10.30-12.00	MUSICAL THEATRE
	12.00-12.30	LUNCH BREAK
	12.30-1.15	LIMBER-STRETCH-PILATES
	1.15-2.15	VARIATION/REPERTOIRE
	WED	9.00-10.15
20th	10.15-10.30	BREAK
	10.30-12.00	LYRICAL
	12.00-12.30	LUNCH BREAK
	12.30-1.15	LIMBER-STRETCH-PILATES
	1.15-2.15	VARIATION/REPERTOIRE
THUR	9.00-10.15	OPEN BALLET
21st	10.15-10.30	BREAK
	10.30-12.00	CONTEMPORARY
	12.00-12.30	LUNCH BREAK
	12.30-1.15	LIMBER-STRETCH-PILATES
	1.15-2.15	VARIATION/REPERTOIRE
FRI	9.00-10.15	OPEN BALLET
22nd	10.15-10.30	BREAK
	10.30-12.00	JAZZ
	12.00-12.30	LUNCH BREAK
	12.30-1.15	SAFE DANCE WORKSHOP
	1.15-2.15	VARIATION/REPERTOIRE
SAT	9.00-10.30	CONTEMPORARY
23rd	10.30-10.45	BREAK
	10.45-12.15	JFH
	12.15-12.45	LUNCH BREAK
	12.45-1.30	LIMBER-STRETCH-PILATES
	1.30-2.30	VARIATION/REPERTOIRE

**STUDIO 2 - GROUP 13-18 YEARS**

DAY	TIME	CLASS
TUE	9.30-10.15	LIMBER-STRETCH-PILATES
19th	10.15-11.30	OPEN BALLET
	11.30-12.00	BREAK
	12.00-1.30	MUSICAL THEATRE
	1.30-2.15	LUNCH BREAK
	2.15-3.15	VARIATION/REPERTOIRE
WED	9.30-10.15	LIMBER-STRETCH-PILATES
20th	10.15-11.30	OPEN BALLET
	11.30-12.00	BREAK
	12.00-1.30	LYRICAL
	1.30-2.15	LUNCH BREAK
	2.15-3.15	CLASSICAL VARIATION
THUR	9.30-10.15	LIMBER-STRETCH-PILATES
21st	10.15-11.30	OPEN BALLET
	11.30-12.00	BREAK
	12.00-1.30	CONTEMPORARY
	1.30-2.15	LUNCH BREAK
	2.15-3.15	POINTE TECHNIQUE
FRI	9.30-10.15	SAFE DANCE WORKSHOP
22nd	10.15-11.30	OPEN BALLET
	11.30-12.00	BREAK
	12.00-1.30	JAZZ
	1.30-2.15	LUNCH BREAK
	2.15-3.15	VARIATION/REPERTOIRE
SAT	9.30-10.15	LIMBER-STRETCH-PILATES
23rd	10.15-11.45	CONTEMPORARY
	11.45-12.15	BREAK
	12.15-1.45	JFH
	1.45-2.30	LUNCH BREAK
	2.30-3.30	PAS DE DEUX

# REGISTRATION

Summer School Program - January 19 - 23 (Tue-Sat)

Online bookings only - [www.trybooking.com/JQJL](http://www.trybooking.com/JQJL)

Price: 3 days \$299 – 5 days \$435

Early bird discount – 10% off by December 15

Young Artist Program (YAP) discount – 20% off for all workshops/ holiday schools

## INFORMATION

### CONTACT

Xanthe Geeves & Gregor Thieler

Principal Directors

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[www.dance-ban.com.au](http://www.dance-ban.com.au)

### STUDIO LOCATION:

Dance Centre

22 Narabang Way, Belrose, NSW 2085

### AGE GROUPS & LEVELS

**INTERMEDIATE** - 9-12 years - Recommended ballet levels Grade 4/5 – Intermediate Foundation.

**SENIOR** - 13+ years - Recommended ballet levels Intermediate – Advanced Foundation – Advanced 1/2

### WHAT DO I WEAR AND WHAT SHOES SHOULD I BRING WITH ME?

The dress code is not strict. Please wear casual dance wear, something that you already have and feel comfortable in e.g. Lycra dance tights & top, leotard & tights with skirt or shorts over the top.

Please bring your jazz shoes or jazz sneakers. Ballet flats, bare feet, foot thongs or cotton socks for Lyrical & Contemporary.

### WHAT ELSE SHOULD I BRING?

Some suggestions of things to put in your dance bag: a bottle of drinking water, tissues, autograph book, hair elastics,

Band aids, a notebook and pencil, lunch, snacks to keep your energy up.

### FOOD / SNACKS

At the premises hot chocolate, tea and coffee is available for sale and the Super Center Belrose (Mall) is located close to our studios that sells water, fresh juices, light meals, sandwiches & rolls, coffee, hot chocolate, cakes and biscuits etc. Otherwise please bring your own lunch, snacks and drinks.

Students with any allergy should take their own appropriate precautions.

### FACILITIES

There are 2 toilets, change rooms and a shower available.

### WARMING UP

Please be on time for the first class as it is important to warm up properly to avoid injury.

### CLASS BEHAVIOUR

It is important students are respectful towards teachers and comply with any requests made by the teacher, as the well-being of the entire class is the teachers' responsibility.

### CHILD SAFETY CHECK

All Teachers and Room Monitors at Ballet Academy Northside have undergone "the working with children check" screening and are aware of their obligations under the Commission for Children and Young People Act 1998.